

# Virtual Preschool- Day 1

<p><b>Read</b> Reading is one of the most important things to do for your brain! Can you read a book about colors?</p> 	<p><b>Play</b> Spend time playing today. Can you find toys that are red, orange, yellow, green, blue, and purple?</p> 
<p><b>Create</b> Can you paint or color a picture using all the colors? Do you have a special spot to hang your artwork? Put your picture in a special place.</p> 	<p><b>Move</b> Play outside! Stretch, run, jump, and climb! Have a dance party with your family if you cannot go outside.</p> 
<p><b>Sing</b> Singing helps us learn too! Use YouTube to find the video for "Rainbow" by Nancy Kopman.  You'll find lots of fun songs on her YouTube channel.</p> 	<p><b>Help</b> You are an important member of your family. Help set the table for a meal. Count the number of napkins, plates, and cups for your family. Put them on the table nicely.</p> 

# Virtual Preschool- Day 2

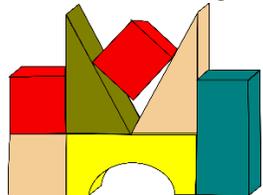
<p><b>Rhyme</b> Can you say the poem about the 2 children?  Jack &amp; Jill went up the hill to fetch a pail of water. Jack fell down and broke his crown and Jill came tumbling after.</p>	<p><b>Play</b> Can you make your own game or obstacle course?  Go outside and run around. Move your body!</p>
<p><b>Sing</b> Singing can make us happy!  Use YouTube to find the video for "Watch Me Dance" by Jack Hartmann. Sing and dance along! You'll find lots of fun videos on Jack Hartmann's YouTube channel.</p> 	<p><b>Read</b> Ask someone in your family to read your favorite book to you. Can you read along with them?  Look at the illustrations. What colors do you see?</p> 
<p><b>Cook</b> Ask a grown up to help you make a batch of play dough. You can divide it into thirds and choose 3 different colors. Mix in a saucepan over medium heat:</p> <ul style="list-style-type: none"> <li>- ½ cup salt</li> <li>- 1 cup water</li> <li>- 2 Tbsp oil</li> <li>- 1 Tbsp cream of tartar (You can omit this; your play dough won't last as long)</li> <li>- 1 cup flour</li> </ul> <p>Stir continuously until the dough forms a ball. Knead as it cools. Color it with food coloring. Store it in an airtight container or bag.</p>	

Show us your favorite activity by uploading a picture to our Facebook page!

## Virtual Preschool- Day 3

<p><b>Experiment</b> When white light shines through water, the lights separate to make a rainbow.</p> <p>Can you use a flashlight to create a rainbow? Can you draw a picture to show your experiment?</p>	<p><b>Paint</b> Fill 3 cups with colored water: red, blue, &amp; yellow. You can use food color, water color, paint, or markers to make colored water. Use a dropper, spoon, or paint brush to drop water onto a paper towel. Watch them soak in and mix to create new colors!</p> 
<p><b>Sing</b> Use YouTube to look up the video for "Awesome Rainbows" by Koo Koo Kangaroo. Dance and Sing along!</p> <p>You can find more fun songs on their YouTube channel.</p> 	<p><b>Play</b> Rainbow starts with the letter R.</p> <p>Go on a scavenger hunt around your house to find objects that begin with the letter R.</p> <p>How many objects can you find?</p>
<p><b>Pretend</b> You see rainbows after it has rained. Can you make thunderstorm noises?</p> <ul style="list-style-type: none"> <li>- Wind</li> <li>- Light rain</li> <li>- Heavy rain</li> <li>- Thunder</li> </ul> 	<p><b>Move</b> It is so important to get fresh air! Ask a grown up to go on a walk with you. Look at all God has created around you.</p> <p>What do you hear? Can you see signs of spring?</p>

## Virtual Preschool- Day 4

<p><b>Draw</b> Draw a picture of a monster. Use crayons, markers, or colored pencils.</p> <p>What color will your monster be? Will it be big or small?</p>	<p><b>Read</b> Do you have any monster books? Ask a grown up to read you your favorite monster book!</p> <p>Don't have a monster book? Ask a grown up to read your favorite book.</p> 
<p><b>Help</b> Can you be a big helper at home? Helping your family can make you feel important. Ask a grown up what you can do to help out around the house today.</p>	<p><b>Play</b> Can you make an obstacle course (inside or outside) and pretend to be a monster running through it?</p>
<p><b>Cook</b> Even monsters need to eat healthy food, like vegetables. Can you choose a vegetable to eat with lunch?</p> <ul style="list-style-type: none"> <li>-carrots</li> <li>- tomatoes</li> <li>-peas</li> </ul>  <p>What is your favorite vegetable?</p>	<p><b>Build</b> Do you have blocks? Can you use them to build something today?</p> 

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